

**R
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C
H**

**BOTH
SIDES
OF THE
STORY**

**P
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R**

BE BE KIND

THE UGLY DUCKLING



The Ugly Duckling went down to the river, he walked in the marshes, he floated on the water. Everywhere he went birds and animals said, "How big and ugly you are!"

The Ugly Duckling felt so sad
because of all the unkind
things said to him.

“ I am so different from
everyone; it’s better if I go
away.” So he decided to go off
into the reeds and hide...



**ARE YOUR
ACTIONS
KIND OR
UNKIND ?**

STOP PRESS



The blind and the lame may not enter the palace.

STOP PRESS

WHO CARES?

UGLY DUCK

OUT OF

LUCK!

STOP PRESS

KITH AND KIN!

KIND KING

GIVES

LAME LAD

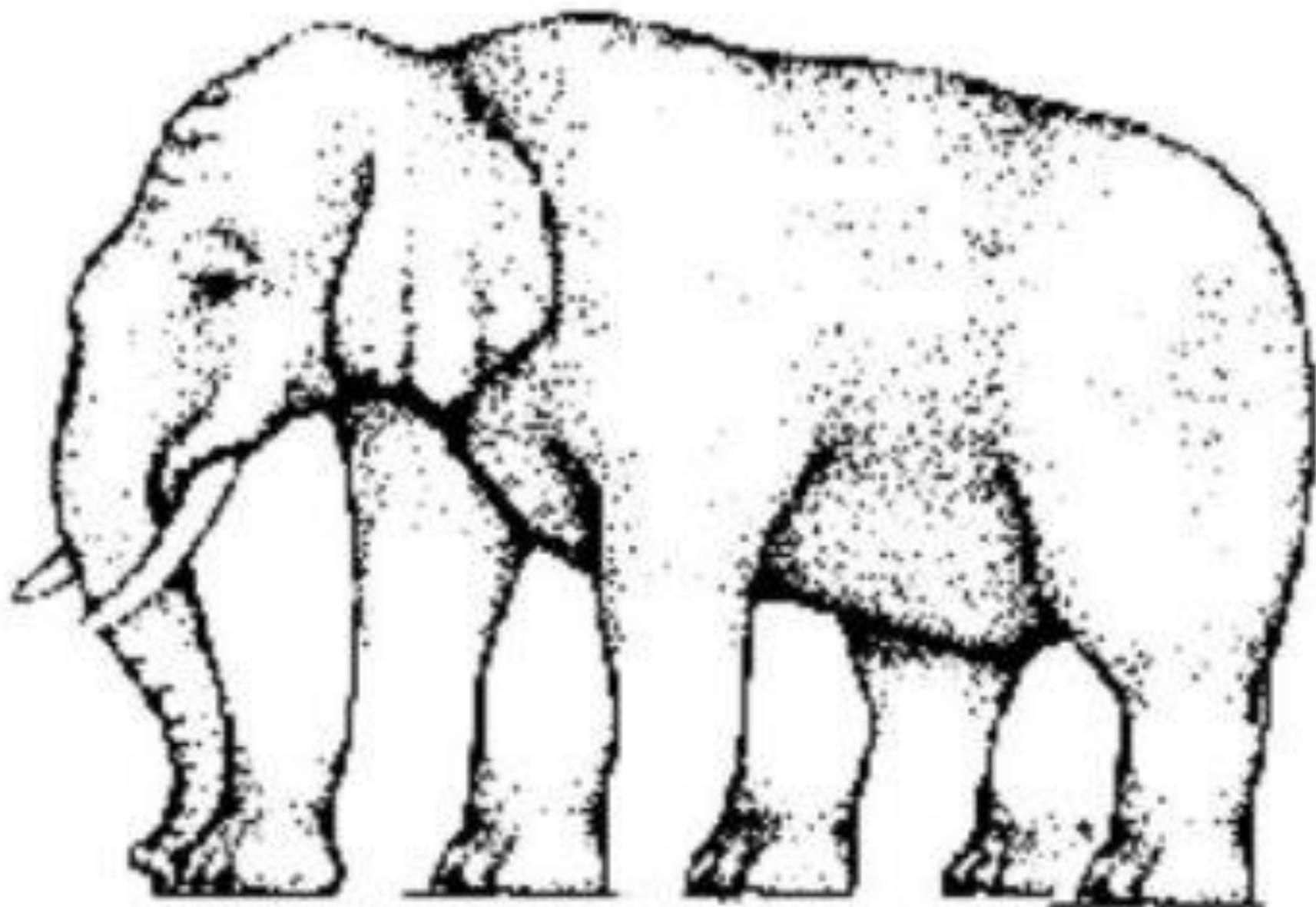
A LEG UP!

STOP PRESS...

BE KIND

**WHAT KIND ACTIONS HAVE
YOU DONE LATELY?**





1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

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**KIND BREAKS, JUST
WHEN YOU NEED IT.**

**WHO NEEDS YOUR
KINDNESS?**



LEARN ON...

NOTICING





**ARE YOU GOOD AT NOTICING
IMPORTANT DETAILS?**

Questions of the week

**Are you
kind?**



**What kind
things have
you done?**


My religion
is very simple
My religion
is kindness
-Dalai Lama


**Who do you
think is
kind? Who
has been
kind to you?**





BE KIND

