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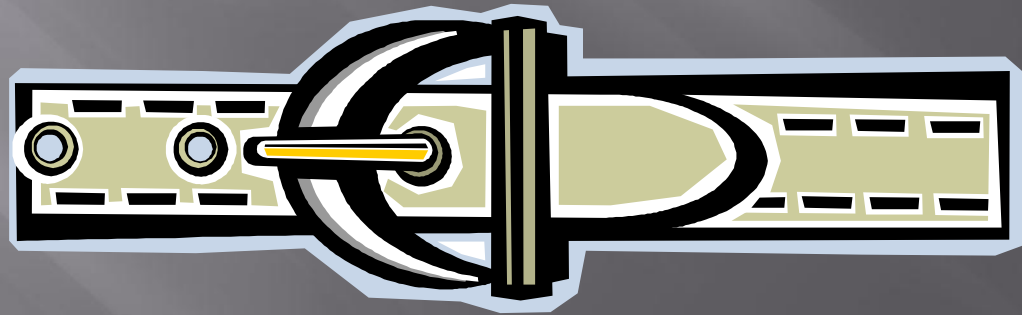
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The Armour of  
God!



The belt of Truth.



# The Fruit of the Spirit!



# LOVE.

Passion fruit.



A detailed engraving of William Shakespeare's face and upper torso. He is shown from the chest up, wearing a dark, intricately patterned doublet with a large, white, ruffled collar. His hair is dark and wavy, and he has a prominent forehead. A white speech bubble with a black border is positioned on the left side of the image, overlapping his face and collar. The background is a textured, brownish-gold color.

A BIT  
OF  
BARD

**DUKE ORSINO:**

**If music be the food of love, play on;  
Give me excess of it, that, surfeiting,  
The appetite may sicken, and so die.  
That strain again! it had a dying fall:  
O, it came o'er my ear like the sweet sound,  
That breathes upon a bank of violets,  
Stealing and giving odour! Enough; no more:  
'Tis not so sweet now as it was before.  
O spirit of love! how quick and fresh art thou,  
That, notwithstanding thy capacity  
Receiveth as the sea, nought enters there,  
Of what validity and pitch soe'er,  
But falls into abatement and low price,  
Even in a minute: so full of shapes is fancy  
That it alone is high fantastical.**

▣ Do you always tell the truth?  
When have you lied? Why?

▣ What is the truth about God?  
Do you believe? Why?



▣ What is the true YOU? How  
can you be more true to yourself?



HELMET OF SALVATION

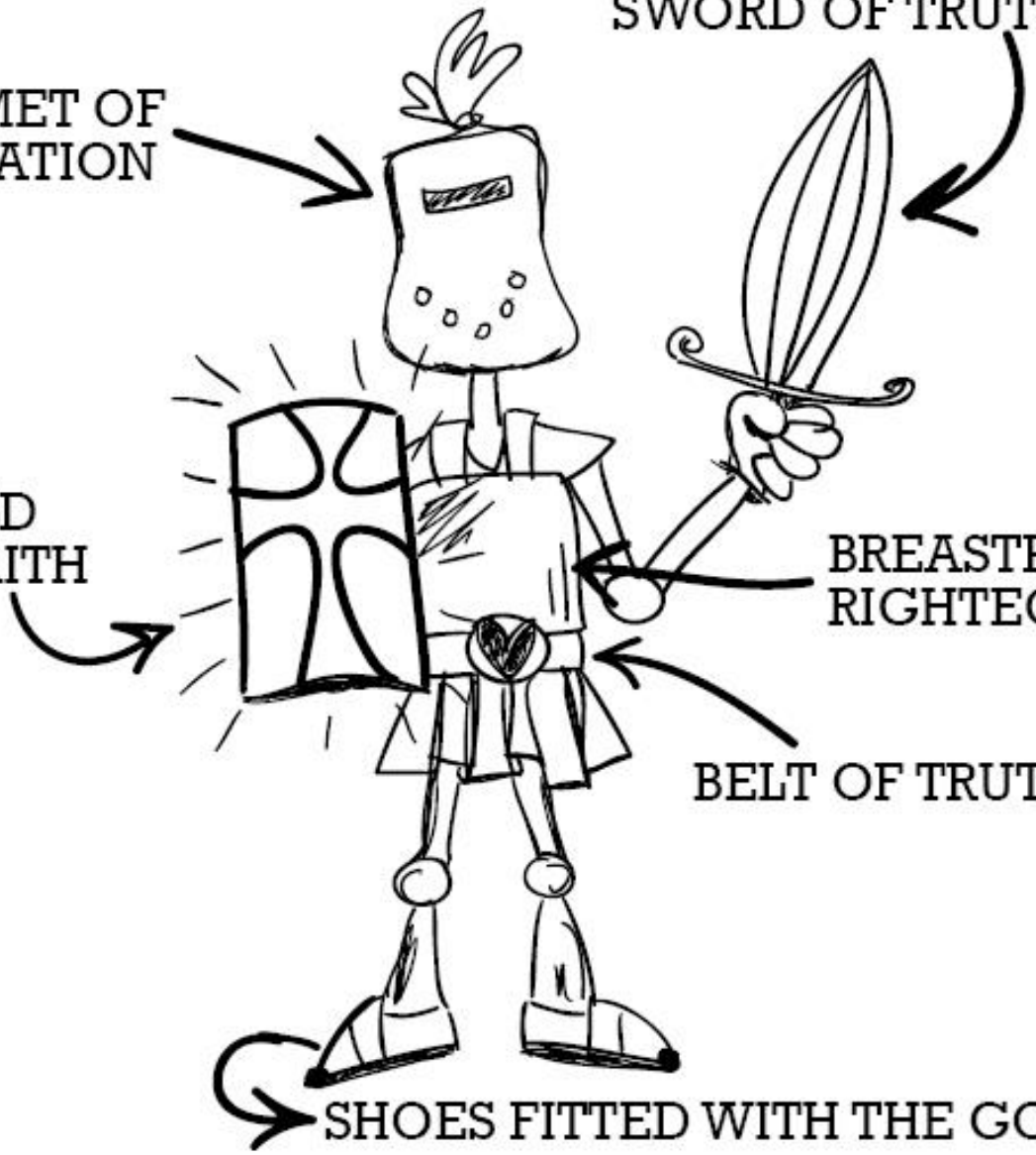
SWORD OF TRUTH

SHIELD OF FAITH

BREASTPLATE OF RIGHTEOUSNESS

BELT OF TRUTH

SHOES FITTED WITH THE GOSPEL



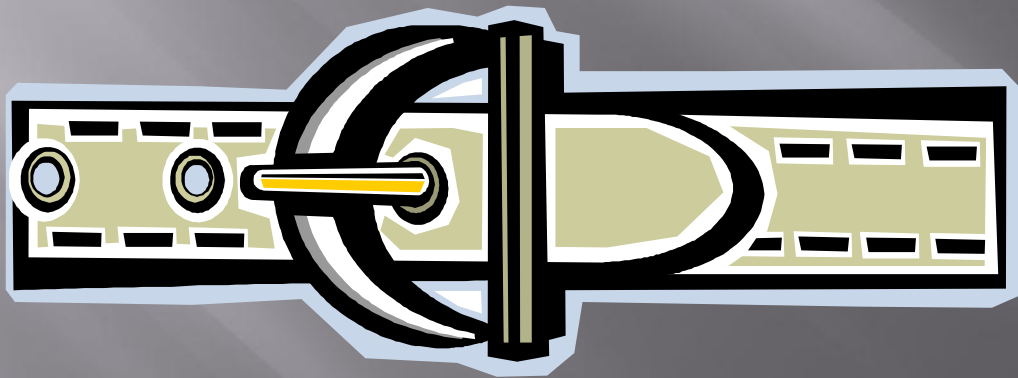


METAL



FRUIT

**FIND TRUTH**



**TRUTH AND LOVE**

**What is the truth about you?**

**There are times in life when you feel like a clown  
But the Belt of Truth will never let you down  
Truth holds you up Truth tastes good  
So just Belt up you know you should**



**Mmmetal fruit taste and see  
Mmetal fruit for you and me**



**Everyone is searching all you need is love  
If you're looking for the answers then look above  
If you wanna know the Truth with integrity  
Jesus is the Truth and the Truth will set you free**

Joy

Faithfulness

PREACH

Self-Control



Galatians 5:22-23 tells us that the fruit of the Spirit is...

GOODNESS

Love

Patience

GENTLENESS

Kindness

# The Fruit of the Spirit

Love, joy, peace,

gentleness, self-control,

patience, goodness, kindness,



Passion Fruit is good for you like Truth!  
Do you always tell the truth?

**Circle me with your Truth oh God**

Keep hope within, keep despair out.

**Circle me with your Truth oh God**

Keep peace within, keep turmoil out.

**Circle me with your Truth oh God**

Keep strength within, keep weakness out

**Circle me with your truth oh God**

Keep love within, keep hatred out.

**Circle me with your Truth oh God**

Keep belief within, keep deception out.



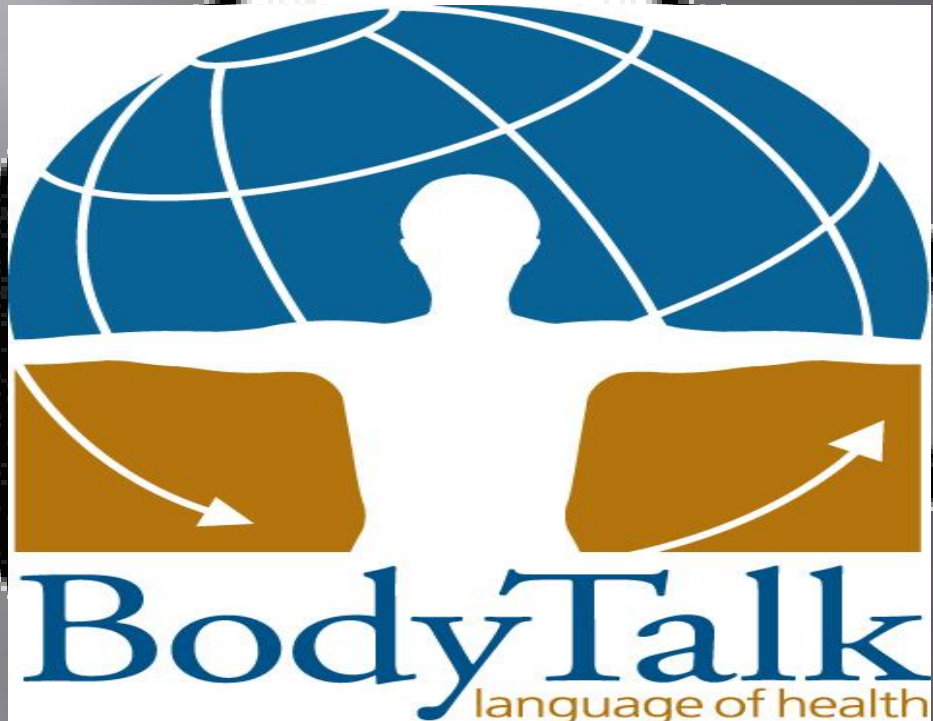
# MENTAL TOOLS



**QUESTIONING**

**BE CURIOUS ABOUT WHAT YOU ARE  
LEARNING AND ASK GOOD QUESTIONS!**

RE-UNIT YOUR MIND, BODY AND SPIRIT AND BECOME WHOLE



# THE PERIODIC TABLE

ELEMENTS WITH STYLE!



CREATED BY BASHEN - WRITTEN BY ADRIAN DINGLE





Love your cloakroom!



...in a bag on a peg.