

Preston Montford KIT LIST 9th -13th June 2014

First Day (9th June 2014)

- ◆ Packed lunch in sandwich box - to be used throughout week
- ◆ Drink in **2 good sized and strong** plastic bottles (to be refilled during the week)
- ◆ Small rucksack to be carried on their back each day – comfortable straps. Please line this with a plastic bag for waterproofing
- ◆ Good warm waterproof jacket or fleece/warm jacket plus waterproof
- ◆ Envelope with £5 for Blists Hill to be handed in on the morning of departure
- ◆ A small game if desired for long journey etc. (*no electronic or valuable ones!*)
- ◆ Camera (if desired) but must be labelled and your child's responsibility. This should **not** be a camera phone.

Suitcase/bag

The centre now provides bedding. Please do not bring a sleeping bag or pillow!

- ◆ Towel
- ◆ 2 large plastic bags (one for laundry, one for sitting on if the ground is wet)
- ◆ One pair of indoor shoes (could be school shoes – these will be needed for Victorian day as well)
- ◆ A pair of trainers
- ◆ Wellington boots – clearly labelled. These are for the river study day. Centre can provide if needed.
- ◆ One strong pair walking shoes/trainers - waterproof and sturdy
- ◆ Woolly hat, scarf and gloves (essential) – the Stiperstones walk can be cold
- ◆ Sun hat and sun cream (please tell your children where they could burn and how important it is to wear sunscreen)
- ◆ Lip salve
- ◆ **Toiletries** - comb, brush, toothbrush and toothpaste, soap, deodorant (no aerosols) tissues
- ◆ **Clothing** – *please remember this is a field trip and high fashion is not appropriate! Evening activities will need warm, sensible clothing as they will often be outside. All clothing should be practical.*
- ◆ **PLEASE BRING:-** trousers (at least 2 pairs – not just jeans; tracksuit bottoms or leggings are good when the weather is wet), shorts, t-shirts, shirts, long sleeved tops, at least two warm sweatshirts/jumpers, waterproof trousers if you have them, enough underwear and socks for 5 days - a few extra won't hurt! A couple of thick pairs of socks too, and some spare in case we need to dry them off), nightwear, cuddly toy if required.
- ◆ **Please note: The centre are very insistent on correct clothing and enough layers for outdoor activities. A warm fleece will only act as one layer and a basic waterproof does not count as a layer in itself, although it will be essential. Thin layers are good. Even in milder weather we will be insisting on children carrying enough layers. Please ensure that they have enough clothes – the weather can rapidly change in the hills.**
- ◆ **Victorian School Day clothing** – Girls need dark tights – (blue/black) or long socks and dark ribbons if they want for their hair, boys need long grey/black school trousers, knee high dark socks so their trousers can tuck in. **All children need their school shoes for this day.** The rest of the outfit is supplied.
- ◆ Minimal small props and costume for talent show (if required)
- ◆ Reading book

Please note: - **NO COMPUTERS, IPODS, ELECTRONIC EQUIPMENT OR MOBILE PHONES – we feel that it is fair that none of the children have a phone rather than a few. Thank you for your support in this. The children have much more fun without and are less likely to be homesick.**

NO JEWELLERY OR SWEETS please.

Children love to receive letters. Please send them a letter – best to post no later than Tuesday 9th July. Our address is: -

Preston Montford Field Centre,
Montford Bridge,
Nr Shrewsbury

SY4 1DX

Telephone (only for emergencies) – 01743 852 040